



Lee Burgess: Welcome to The Law School Toolbox podcast. Today we're talking about what to do during your summer before your 1L year. Your Law School Toolbox hosts are Alison Monahan and Lee Burgess, that's me. We're here to demystify the law school and the legal career experience so you'll be the best law student and lawyer you can be.

We're the co-creators of the [Law School Toolbox](#), the [Bar Exam Toolbox](#), and the career related website [CareerDicta](#). Alison also runs [The Girl's Guide to Law School](#). If you enjoy this show, please leave a review on your favorite listening app. If you have any questions, don't hesitate to reach out to us. You can reach us via the [contact form](#) on LawSchoolToolbox.com and we'd love to hear from you. And with that, let's get started.

Alison Monahan: Welcome back. Today we're talking about what you might want to do this summer to get ready for your 1L year. So, people can come to law school through a lot of different avenues. You might've been working full-time, maybe you just graduated from college. Regardless, you want to be thoughtful about how you're spending the months leading up to that first semester of law school to set yourself up for success. So, some careful planning and execution now can save you time, energy, and lots of headaches in the future.

Lee Burgess: Absolutely. So, coming up with this list, we really just wanted to cover things that you want to be thinking about as you get ready to launch your law school experience. And so, I think the first thing that you really want to do, because law school takes up lot of time, is actually try and see friends and family.

Alison Monahan: Yeah, I think that's important.

Lee Burgess: And while you're talking to them and spending time with them, you can also ask for help if you need it, especially if you're relocating, or if people are asking for ways that they can support you. You want to be very specific in the ways that you can ask for help. Do you need kitchen supplies? Do you need frozen dinners? Do you need somebody to walk your dog? I think people like to be able to help you, so you want to be able to make specific asks.

Alison Monahan: Yeah, and you can have even your Amazon wish list as almost like your law school registry.

Lee Burgess: Oh, good point.

Alison Monahan: When the aunties start asking, "Oh, Lee's starting law school. We'd love to do something for her. "Your parents can be like, "Well great, here's her wish list."

Lee Burgess: That's right.



- Alison Monahan: "Send something."
- Lee Burgess: Absolutely. You want to probably start to discuss what the experience is going to be like, as much as you know. So, this can be the amount of studying you're going to be doing. If you're used to traveling home and visiting family very frequently, maybe you're not going to be able to visit as often. Maybe you want to even start setting the holiday expectations for Thanksgiving, which I think can be a stressor for a lot of folks if they decide not to go home for Thanksgiving. So, these are best conversations to be had before everything gets stressful.
- Alison Monahan: Right, and I think family and also definitely significant others. So particularly, maybe you've got to figure out how that's going to play out. Do you have a significant other who's going to be moving with you? Do you have a significant other who is going to become a long-distance significant other? Do you want to break up with this person? Frankly, if you want to break up with them, you probably ought to do it before school starts.
- Lee Burgess: Yeah, much less messy.
- Alison Monahan: Yeah, it sounds harsh but the reality is, if you don't see this being a relationship that's going to continue, I probably wouldn't let it drag on over the summer.
- Lee Burgess: Yeah. So, you just want to invest in your personal life a little bit, maybe fill up everybody's love tank, so everybody feels that they've gotten a lot of attention and that you've gotten to connect with a lot of people, because it becomes very easy to be selfish and very inward-focused while you're in law school.
- Alison Monahan: Yeah. And I think if you're thinking about you are going to be relocating, think about what resources you might have there. Do you have a cousin that you haven't talked to for a while who's living in the same city? Do you have friends from college maybe that you haven't talked to? This would also be a good time to start building those relationships back up, so that when you land you're not just like, "Oh, I don't know anybody."
- Lee Burgess: Right. Yeah, you want somebody to take you to dinner, or tell you where to get good Indian food.
- Alison Monahan: Or just help you, be there. Grab coffee with them at least.
- Lee Burgess: Right, go to a movie. So, I think that it's worthwhile spending some energy on those relationships, because a community is a huge part of staying sane and having some mental health.
- Alison Monahan: Also, if you have children I think you've got to prepare them for this experience.



Lee Burgess: For sure. Sometimes there may be some benefits – maybe your class schedule is going to make you more available sometimes, but it might make you less available, say on the weekends, when you have to continue to do some studying. So you really want to think about how you're going to build your life out.

Alison Monahan: Yeah and just how you're going to structure your time and getting everyone on board with that, to the extent possible.

Lee Burgess: Yup.

Alison Monahan: There are blogs and things you can research if you have questions about this, some people who have been through this process before. There may even be resources at your school, say the older and wiser law students, or there may be parenting groups. All these kinds of things, you can go ahead and connect with them now.

Lee Burgess: Yup. So, a lot of people want to also do something somewhat academic the summer before law school. Law school prep courses become kind of in vogue, I guess. And, there are a variety of them out there, from in-person classes to on-demand classes. Heck, we even have one.

Alison Monahan: We do have one.

Lee Burgess: We do have one called [Start Law School Right](#). But, I think that its important when you're deciding whether or not this is going to add value for you is, you want to think about what you actually want to get out of any sort of law school prep course experience.

Alison Monahan: Yeah, I think that's right. Basically, no one can hand you the magic wand that's going to ensure that you're the top of your class, so you want to think carefully about, "Is this money that I actually feel comfortable spending? Do I feel like I'm going to get out of it what I want to get out of it?"

Lee Burgess: "Do I have time to do it?"

Alison Monahan: "Do I have time? Does it fit with my schedule? Is it going to cause more hassle than it's solving?" And I think there are benefits to kind of having a general sense of what you're doing. Obviously we think they're benefits, we made you a course. But, I think sometimes you want to stress out about reading casebooks and other substantive materials, and that's just not really necessary, as we've talked about in a different [podcast](#).

Lee Burgess: Yeah. I think that where our prep course can be very effective is if you really are coming to law school without appreciating what the academic cycle looks like. If



you're unfamiliar with what the Socratic Method is, if you are unfamiliar with this idea of briefing, if you're unfamiliar with taking an exam that requires a lot of memorization, if you don't have good time management skills – if all of these things are starting to sound anxiety-inducing to you, our prep course can kind of give you a primer. And I think that's what you want to be looking for. I think there are prep courses out there that seem to promise you that if you do this one-day lecture on Torts, you'll get an A on Torts.

Alison Monahan: That's not going to happen.

Lee Burgess: That's just not going to happen, but I think that there is value into, do you know how to read a torts case? Do you know what to do with that?

Alison Monahan: Part of it, too, I think, depends on what the schools are offering. Certain schools have a pretty robust program of their own, in which case you might feel very comfortable just going through that and feeling like you got what you needed in the basics of how to read a case, how to brief, how to outline, that kind of thing. If your school's not offering anything, then that might be something you want to investigate on your own.

Lee Burgess: Yeah. So, don't spend your whole summer exhausting yourself cramming for your pre-law school course.

Alison Monahan: Right. That's kind of silly. If anything, it's just designed to be something that gives you some basics, helps you feel more comfortable, kind of points you in the right direction, so that when classes start, you do feel like you have some idea of what you're trying to do.

Lee Burgess: Yup. So especially if you find yourself to be kind of a stressed out person, I think it can be important to get in the right frame of mind. So, we have podcasts on getting mentally ready, on books like [Mindset](#) by Carol Dweck. And if you are the type of person that's like, "Wow, I'm going to really struggle in law school", then get your act together. Have some coping mechanisms. Learn about how to handle stress, learn about how to be in the right mindset. And that's going to serve you well.

Alison Monahan: Right. I think particularly if you already know that you're a person who has struggled in the past with anxiety and things like that. I would almost say with certainty that it's not going to improve in law school. You're going into a high stress situation. A lot of people who come to us later for tutoring find that they are having test anxiety issues that they've never had before. So if you are someone who's dealt with anxiety, maybe you haven't really dealt with it. I mean you've experienced it, but you don't really have a great handle on what to do about it. I think this summer is a great time to investigate options, whether you want to talk to a therapist or a coach, or do something around medication



and talk to doctors. Or just read books and podcasts or whatever, about different ways of coping with this, because there are a lot of things you can do. And I think test anxiety is such a huge issue for so many people and a lot of times they don't find that out until those first semester exams come around.

Lee Burgess: Yeah.

Alison Monahan: So if you suspect that maybe this is going to be a problem for you, I would do something about it now.

Lee Burgess: Yeah, I agree. Something that we've been talking a lot about, too, is the importance of setting intentions, even rituals, but really making sure that you are clear on why you're doing something.

Alison Monahan: Right, like why are you going to law school?

Lee Burgess: Why are you going to law school? And there's a lot of research that shows that journaling or writing letters to yourself or putting down on paper why you are doing what you're doing, why you're feeling what you're feeling, has a lot of value. And I think if you do do some intention-setting around why you're in law school, what are your goals, what are your career goals, what makes you passionate about this, there are going to be some dark moments and that you have the ability to go back and reference that. And I think that there are students that I have known, that have found that really powerful – to be able to go back and be like, "Right, I'm doing this. I'm struggling through Property because I want to be an immigration lawyer. And I have to pass Property to be an immigration lawyer."

Alison Monahan: Right. Well, and there also is research showing that if you think ahead of time about how you might solve certain problems that are fairly predictable, you actually are much better suited to solve them. So if you think about "What am I going to do if don't understand a concept?" And you can even write this down, and you brainstorm on a piece of paper. "Well, I might go during office hours and talk to my professor. I might go to academic support." I don't really care what you put on that paper, but just the very fact that you've even thought through, "Okay, this is a problem that's likely to occur, and these are some resources I could use to deal with it" – it's going to make you much better off when that problem actually happens.

Lee Burgess: Yeah. That's interesting. That's a good point. Other things that you might want to think about is, let's say that you took all your notes on your computer in your undergrad – maybe take some time reading about the best way to do note-taking. I mean, we talk about this in our course – the popularity of handwriting over computers because of the way that it interacts with your brain. And that we're now knowing that computer notes really don't do anything for retention.



So, learning more about how you learn, different ways that you can memorize things – I think that can also make you feel you're going into school with more robust skills to be able to make the most of this very intellectually challenging experience.

Alison Monahan: Right. And also thinking about what's worked for you in the past and kind of getting comfortable with that. And getting supplies, if you need those supplies. For me, for example, I like to do diagrams and drawings and flowcharts, and I need my color pencils. So I insist on having a nice set of color pencils, and that is just totally legit.

Lee Burgess: Right.

Alison Monahan: So whatever it is for you that you're like, "Oh, I'm obsessed with making myself flashcards", or having tabs or whatever – go and get a lot of these supplies in order, so that you're not running around on the week one and be like, "I don't have my highlighters."

Lee Burgess: Right. I think we've also talked about before this idea that it can be good to try and learn something new to remember what it feels like to learn something new.

Alison Monahan: That's a good one. Something fun.

Lee Burgess: I'm currently taking piano lessons with my son. I used to do a lot of music, but I'm a really terrible pianist and I haven't read much music in about the last ten years probably. I'll be honest, it's a little rusty. And it's exercising a different part of my brain and it's humbling to fumble through things, especially if they are things that you used to know or you think you should know. And although I am better than my four-and-a-half year old... So the bar's pretty low. But I do think it's just an interesting experience anytime you're trying to learn something that's different.

Alison Monahan: Yeah, I think that's a great idea, particularly if you've been out of school for a while and you're not necessarily used to that process. And it doesn't have to be something super intellectual. You might want to start studying a foreign language or something, but it can be anything. It can be something physical, it can be something artistic, just to kind of get used to that process of failing and coming back and not getting so beaten up over it. And also, if you can do something with coaching, I think that's always valuable because it helps you get used to other people telling you things.

Lee Burgess: Right. No, I think that that's true.



- Alison Monahan: So maybe it's your team in training running, or CrossFit or whatever. There are horrible things people do with their time.
- Lee Burgess: Another thing that I think is important to do before the law school experience is to have a little fun.
- Alison Monahan: Ideally.
- Lee Burgess: Ideally. And for me, I went travelling. I did the really fun couple of week trip to Costa Rica, and it was great. There were lots of mosquitoes, but it was worth it.
- Alison Monahan: Nice.
- Lee Burgess: And I knew that I wanted to take a trip. I had been working. I was financially able to take a trip and not have it completely drain my finances. And it was just kind of a nice final hurrah before diving into the law school space. Did you travel before? Well, you relocated.
- Alison Monahan: No, I was working and relocated. Yours was a little bit easier because you did not have to move. No, my trip was across the country.
- Lee Burgess: Mm-hmm. But you could probably turn that, if you were road-tripping... I've done the cross-country road trip.
- Alison Monahan: I was not bringing a car to New York City.
- Lee Burgess: Well, if some people were going to the East Coast and taking a car, you could road trip. I have fond memories of my cross-county road trip that I did once.
- Alison Monahan: Yeah. So think of ways to build in some last minute fun before you start school is always valid.
- Lee Burgess: Yeah. And I don't think it has to be big and expensive. It can be camping.
- Alison Monahan: Exactly. National parks, whatever. They're probably crowded these days, but you can go camping. There are lots of beautiful locations you can go to that will not necessarily break the bank.
- Lee Burgess: Yeah. You may even plan a staycation. You could just talk about all these places that you want to go. Maybe you are saying goodbye to a city and you do a farewell tour.
- Alison Monahan: Right, exactly. Or you want to explore your new city and so you arrive a few days early and do... Or even maybe you're going on a house hunting, apartment



hunting trip and you turn that into several days of exploring this great new city that you're going to be living in. That could be fun.

Lee Burgess: That's true. You also want to spend time setting up your home thoughtfully.

Alison Monahan: Yes.

Lee Burgess: Because if your home is a mess...

Alison Monahan: That's pretty much going to make your life is a mess.

Lee Burgess: Yeah, you feel like your life is a mess.

Alison Monahan: Which is going to be a huge distraction. I mean, I'm kind of in the process now – moving back into a house, and it is a huge distraction. Every time I walk in, I have this moment of, "Oh gosh, I really need to be organizing my bookcases. But I can't organize my bookcases because I have twelve other things to do." And really, the only way I can get anything done is to leave the house.

Lee Burgess: Okay.

Alison Monahan: And then I come back and still need to organize the bookcases. So yeah, you've got to really be thoughtful about moving in in a way that makes sense and making sure you have a nice place that you can study if you want to study at home. And this is something you probably need to brainstorm anyway – different ways to set up your life to be conducive to actually studying.

Lee Burgess: Yup. The other things you want to do as you set up your home – we've talked about picking the right place to live in other podcasts and things like that – is to just make sure that you have good spaces for everything. So, wherever you decide to live, how are you going to set up a workspace, or are you going to have enough equipment? Things like that.

Alison Monahan: Yeah, I think you want to think about how you study. Are you a person who gets distracted when you try to study at home? Well, then probably you don't need a huge office space in your apartment. But if you're someone who likes to study there, you probably do want to do that. Do you like studying in a library? Well, which libraries are available? For me, I kind of avoided the law library like the plague, particularly around exam times. I was like, "You've got to be kidding me. This is the last place on earth I would want to be." But luckily, most universities have multiple libraries. So you might find... I really enjoyed studying at Teachers College, because they had nice chairs and everybody was chill and it was kind of like going to school. The Business School was a fun place to study, because they were basically doing their work. But you can kind of spread yourself around. I liked to go to study in the architecture library because it was beautiful. The main



library at Columbia is also an incredibly beautiful building. So you don't have to just cloister yourself in the law library, but you might want to give yourself a few hours to explore the different libraries on campus and figure out which ones you might like to study in.

- Lee Burgess: Yeah. I studied at the medical school. It was a different school, but they had great views.
- Alison Monahan: I was thinking that was the one place I would probably go less than the law library – the medical library.
- Lee Burgess: It was only that they had... The medical library at UCSF has views, like sweeping views of Golden Gate Park and the city. You could take a walk around the library and it was very kind of cathartic.
- Alison Monahan: Yeah. And I think you're not getting stressed out a lot with the doctors.
- Lee Burgess: Exactly. I also think it's important to take some time to streamline your life. So, you can waste a lot of time managing your life, and that means like paying bills, or not paying bills, trying to figure out how to keep records of things. And so before you enter a busy experience like law school, you definitely want to have some processes in place. One of them that a friend turned me on to was [Amazon Subscribe & Save](#), where if you can figure out how often you use certain materials in your house, you can often times get them delivered on a regular basis and then you don't have to think about, "I wonder if I need tissue or toothbrush heads." They just pop up and you save some money.
- Alison Monahan: Yeah, like, "It's been three months. Okay, time to change my toothbrush head."
- Lee Burgess: Exactly. Electronic billing is amazing; just makes it so everything just magically gets paid. You might even be able to use a credit card that gets you points or airline miles or something like that. Then you can even take a trip.
- Alison Monahan: Yeah. I would say that the minimum as a law student, on all of your credit cards you want to set up at least a minimum payment on the due date.
- Lee Burgess: Mm-hmm.
- Alison Monahan: So that if, God forbid, you forget to pay it, you're going to pay interest but you're not going to pay all the late fees and things like that.
- Lee Burgess: Right.
- Alison Monahan: So it's usually, whatever, \$25, \$30. I guess not a ton of money. You just want to make sure that that is set up and ready to go. You might not want to set the



whole bill up if you want to review it or whatever, in which case you need to schedule that time. I have a recurring calendar appointment on my calendar, whatever, ten days before all my bills are due. Little known fact, you can actually call the company and ask them to change the date that it's due, so if you're going to get them all due on the same date or whatever, you can do that. But just spending a little time with a system is going to help you in the end.

Lee Burgess: Yeah. Another thing that people want to think about is, especially if you've been working and maybe your finances haven't been very tight – you may need to create a budget and try and stick to it for the first time in a while.

Alison Monahan: Particularly if you're living on student loans.

Lee Burgess: Yeah.

Alison Monahan: Because that money comes once, and it's gone.

Lee Burgess: And then it's gone.

Alison Monahan: And it doesn't even account for the summer.

Lee Burgess: Right. And you don't necessarily want to be trying to get more, because your student loans are...

Alison Monahan: Maybe you can, maybe you can't.

Lee Burgess: But you also just don't want more loans. They're very expensive.

Alison Monahan: Right.

Lee Burgess: So, one budget website that people seem to like is called [You Need a Budget](#).

Alison Monahan: Yeah. People swear by it.

Lee Burgess: Mm-hmm. So that's something you maybe want to spend time on. It's not fun to talk about money and set up budgets and things like that, so go ahead and invest some time. Especially if you share a life with someone and you're going to have to redo your budget for your household, I think that's something else to maybe really set aside, because fighting about money...

Alison Monahan: One of the most common fights for couples.

Lee Burgess: One of the most common fights for couples. Don't make that part of your orientation of law school experience.



- Alison Monahan: Yeah. I think people just need to be realistic about what their budgets are going to look like, and they are definitely going to be reduced if you've been working, probably.
- Lee Burgess: Yeah.
- Alison Monahan: And there was something I was going to say that I totally forgot on that point. We're batting a thousand today.
- Lee Burgess: What is it – you need a budget, fighting about money...
- Alison Monahan: Yeah, one thing about budgeting and law school that can be tricky is... I went to a fancy Ivy League law school and most people were living off loans. Not everyone, some people were independently wealthy. But a lot of people just kind of had this idea, "Oh, I'm just going to get this highly paid firm job, so I don't really have to worry too much about my budget. I can spend my loans, plus some and just live on credit cards for a couple of years." And you can do that. Certainly, we all did at various points. But one thing is that often times the schools will reduce your... If you're getting any type of scholarship money they front load that, because they assume that you're going to have this highly paid job your second summer. And so your third year of loans may actually be higher if you don't have that money. So if you've spent it upfront, then you can't use it on your tuition. So, basically, you may end up having to take out private loans that last year. So just be aware. It's tempting to be like, "Oh, let's go on some fancy vacation, we're going to be ballers. We're law students. We're going to be going to these firms, whatever." But you've still got to be pretty cognizant of what you're actually spending, because you are a student.
- Lee Burgess: Yeah, absolutely.
- Alison Monahan: And as they say, if you live like a lawyer when you're a student, you'll live like a student when you're a lawyer.
- Lee Burgess: That's true. And those loans will haunt you for a long time.
- Alison Monahan: Yeah, and they have interest. And certainly, credit card. If you're floating yourself money on your credit cards that you're planning to pay off when you get paid from that summer job, that's definitely going to add up too. So, we're not telling you to not have any fun, live like a hermit, but you do want to be cognizant of the money you're spending. Because often these are very expensive cities too.
- Lee Burgess: Yeah. And that's why if you at least have a budget, you know and you're making thoughtful choices.



- Alison Monahan: Right, exactly.
- Lee Burgess: So I think we mentioned a little bit about where you studied, you studied in coffee shops. One thing that's really becoming popular is co-working or community spaces where you can work, you can take workout classes, you can go to talks, you can meet people, you can do happy hours, you name it. And I was thinking when we were talking about this, ironically, at our co-working community space, yesterday, that I think this is an interesting thing for people who are relocating or law students, or people who are studying for the bar. Because if you have a crummy living situation, let's say you're saving a lot of money by living in a tiny apartment or a tiny room in an apartment, and you really need to be somewhere else, you don't like studying in libraries – I think some of these co-working spaces could be a good solution. It might be cheaper to invest in a co-working space and a small apartment, than trying to get a bigger apartment.
- Alison Monahan: Yeah. I think that's absolutely true. If you figure most of these you can probably join for a couple of hundred dollars at most per month. And you might think that sounds like a lot of money, but if you compare that to being able to save \$500 or \$1,000 a month by having a smaller apartment, the trade-off can absolutely be worth it. And frankly, it can kind of more fun. It's a good way to meet people and that kind of thing. So, I think it is definitely worth investigating.
- Lee Burgess: Yeah.
- Alison Monahan: And you never know. I mean, some lawyers even have started working out of co-working spaces because they want to be the lawyer in that space. And they think, "Well, these are entrepreneurs. These are people who might need legal services." So it can even be a good way to build up your network.
- Lee Burgess: Yeah. So it's worth exploring, especially if you're in a major city where these are becoming more and more popular. Some other things you can think about the summer before your 1L year is if you're, let's say, taking a break between undergrad and starting graduate school, you could actually get a job and make some money. Have a side hustle.
- Alison Monahan: We seem to be focusing a lot on money, and a large part of that is because that becomes a huge stressor for so many students.
- Lee Burgess: Yeah, huge. It's huge.
- Alison Monahan: And if you're worrying about money, you're not spending time on school and that kind of thing. So even if it's something like babysitting or dog walking, driving for Uber, doing Instacart. Any of these things that you can do fairly easily, flexibly, that aren't going to be that draining. But you can actually build



up... Cashiers at Whole Foods the other day were talking about their friends who do Instacart deliveries, and apparently a lot of people are making pretty good money.

Lee Burgess: Yeah. I mean, it may not be the most exciting work.

Alison Monahan: No, it's not. But that's fine.

Lee Burgess: That's fine, because it's temporary. All you're trying to do is literally bank money in the bank. So you can do those fun things that we were talking about. You can buy that plane ticket for spring break, or you can do these various things. And I think you can be open during your school breaks to picking up these jobs as well. It might be if you get a month off for the holiday break, maybe you want to be spending part of that month making a little extra money to lighten the load. You've got to get creative to make it work sometimes. And so, just think outside the box.

Alison Monahan: And also, if you've had a job, the people you used to work for might be willing to let you come back for a few months, whether you're a waitress or a barista. I think I was doing lifeguarding at various points in my life and every summer I would just call them up and be like, "Hey, do you guys still need a lifeguard? How about a swim instructor?" And they're like, "You know what? Yes, we do." So they know you, that kind of thing.

Lee Burgess: I'd do that for the SAT.

Alison Monahan: Yeah, exactly. And some of these, you can also think too about, can any of these continue into your law school career. Because I know you were an SAT tutor during law school.

Lee Burgess: For my first year, yeah. And it really helped soften the financial blow.

Alison Monahan: Yeah, because it's definitely pretty shocking when you've gone from having a job to not having a job. And suddenly there's not money coming in every month.

Lee Burgess: Yeah, oops!

Alison Monahan: That dries up pretty quickly. So you just want to be mentally prepared for that. And as we mentioned at the beginning of this podcast, make sure the other people in your life are mentally prepared for that.

Lee Burgess: Yeah.

Alison Monahan: And going back to Thanksgiving or something like that – it may be the case that you have to have that conversation with your family, saying, "Well, maybe I



would like to come but there's literally no way I'm going to be able to afford a ticket."

Lee Burgess: Yeah.

Alison Monahan: And frankly we suggest you probably don't travel at Thanksgiving anyway, because that's right when you need to be studying for exams, but you make your own choices.

Lee Burgess: Alright, any final thoughts before we wind this up?

Alison Monahan: No, I think I would just think of it as, this is your last summer before you go into this really intense experience. So while you might want to be practical and responsible, I think it's also great to allow yourself the space to have some fun and relax and maybe get exercise and show up your best self. Because it's going to get ugly quickly.

Lee Burgess: Way to end on a positive note.

Alison Monahan: I was so close to ending positively.

Lee Burgess: You were, you were. And then it took a dark turn. Well, before we completely finish up, I want to take a second to let you know that you can check out our [Start Law School Right](#) course on our website. This on-demand course, which includes feedback from one of our amazing Law School Toolbox tutors will help you understand how to excel in law school from day one. Check it out and feel free to contact us if you have any questions. This course could be done at your convenience, so it's a great option for those who are working, but also want a little prep for law school.

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